



 Cummings North Shore News

CUMMINGS CENTER / DUNHAM RIDGE

LIVE.

WORK.

PLAY.

September 17, 2019

## New Neighbor Profile



**IRONHORSE  
FUNDING LLC**

Welcome new neighbor [IronHorse Funding LLC](#) to 100 Cummings Center,

Suite 233-G. IronHorse is a financial service provider for dealers, distributors, and manufacturers in the motorcycle, RV, and power sports industries. It also offers financial and refinancing programs for consumers. For additional information, visit the [website](#) or call 978-993-7077.

## Friendly Reminder

Visit [Cummings.com](#) and look around! View the comprehensive [Client Directory](#). This directory is a treasure trove of hundreds of local companies, almost all of which are fellow client firms in the many Cummings Properties buildings in the area. Firms are encouraged to check their own listings to ensure the information is accurate and the company is appropriately classified. There is no charge for these listings, and a second free listing under a different classification can be readily provided as well. Email your information to [group@cummings.com](#).

## Quick Links

[Client Directory](#)

[Cummings Properties](#)

[Service Call Request](#)

[Executive Office Suites](#)



### Submit Your News

To be included in a future edition, please email [newsbrief@cummings.com](mailto:newsbrief@cummings.com).

## Noteworthy News



[Aesthetic Plastic Surgery North Shore](#), 900 Cummings Center, Suite 301-U, is hosting a food drive from **October 1 through October 28** for local nonprofit Beverly Bootstraps. Although all donations are appreciated, the 10 most needed items are cereal, healthy children's snacks, peanut butter, canned tuna, soup, spaghetti sauce, shampoo, toothpaste/toothbrushes, feminine hygiene products, and size 3-6 diapers. For more information, call 978-927-1500 or email [contact@plasticsurgerynorth.com](mailto:contact@plasticsurgerynorth.com).

## Upcoming Events



**Open House:** [Red Thread](#), 48 Dunham Ridge, Suite 1000, will be hosting an open house on **Tuesday, October 1 from 4:00 to 7:00 PM**. Red Thread and Cummings Properties have partnered to create WorkLounge, a North Shore extension of Red Thread's Boston WorkLife. Tours of WorkLounge and 48 Dunham Ridge will be held throughout the event. Attendees who provide a business card will be entered to win a \$250 gift card to West Elm. Please [RSVP](#) by September 23. For additional information, contact Aimee at [ajeane@red-thread.com](mailto:ajeane@red-thread.com).

**Fitness by the Pond:** Join [BAC Express](#), 600 Cummings Center, Suite 170-X, by Upper Shoe Pond for a five-week series of outdoor fitness classes. The free one-hour classes described below begin at **5:15 PM**.



**Wednesday, September 18** BAC Bootcamp - Fun and challenging bootcamp style workout

**Wednesday, September 25** Yoga - Vinyasa-style yoga flow linking breathing and mindful movement

**Wednesday, October 2** Desk to Dumbbells - Joint-by-joint approach to prepare for and get the most from a workout

**Wednesday, October 9** Zumba - Dance-based aerobic workout with great music and people

**Wednesday, October 16** Soul P.H.I.I.T. - Pilates-based core and cardio workout for strengthening and conditioning

BAC encourages attendees to bring a mat to all classes except for Zumba. Enjoy complimentary chair massages from **4:15 to 5:15 PM** and **6:15 to 7:15 PM**. For additional information, call 978-927-0920.

**You are Invited! Mullen Marketing Media**, 100 Cummings Center, Suite 316-G, is launching "Cummings Center Community Connections," a networking and marketing group exclusively for businesses located at Cummings Center. A meeting will be held on **Thursday, September 19**

from 11:30 AM to 12:45 PM in the Community Conference Room, 100 Cummings Center, Suite 221-E. This is a great opportunity to meet other business owners and managers, network, share ideas, and learn sales and marketing skills. Come ready to discuss your business, and bring any marketing materials you wish to share. To RSVP, stop by the office, or contact Richard Mullen at 978-992-2041 or [rjmullen@gmail.com](mailto:rjmullen@gmail.com).

**[Circuitry Recycling](#)**, 100 Cummings Center, Suite 246-E, will host an electronics recycling event **Wednesday, September 25 from 10:00 AM to noon** at 100 Cummings Center's **[164-K loading dock](#)**. NOTE: In order to better serve all clients, we relocated this event from the 144 loading dock, where it has often been held previously. To ensure safety, please deliver items for recycling directly to personnel managing the event; do not leave them on the loading dock. Click [here](#) for a complete list of recyclable items. For additional information, contact Michael Eduardo at 978-969-1472.



## Business Spotlight

**Communitas**  
Empowering people. Enriching lives.

Communitas offers family support, residential services, day services, recreational programs, and employment and volunteer opportunities to more than 1,000 families. For additional information, visit the [website](#).

**[Communitas](#)**, 600 Cummings Center, Suite 166-S, has been a member of the Cummings Center community since 2007. Communitas is committed to supporting local individuals with intellectual and developmental disabilities and their families. It has helped to empower people to lead full and meaningful lives by erasing barriers, expanding opportunities, and supporting independence.

If you no longer wish to receive our emails, you may [unsubscribe](#). Unfortunately, if you unsubscribe, you **will not** receive important building notices, such as water and electric shutdowns or fire alarm testing.