


New Horizons **MONTHLY UPDATE** November 2011

 **NEW RESIDENTS:** We extend a warm welcome this month to: **Irene Moore, Suite 473**, who moved to New Horizons from Winchester. Irene's interests include religious events, crafts, and knitting. **Claire Boari, Suite 343**, joins us from her home in Westwood to be closer to her son, Doug, of Woburn. A retired teacher, Claire is an active participant in many New Horizons activities, with special interest in crossword puzzles, bingo, games, and reading. **Virginia Canney, Suite 420**, was born and raised in Woburn along with 12 siblings. Many Woburnites remember Virginia from her days at Manley's Cleaners and later when she owned and operated Towne Book Fair on Main Street. We wish Irene, Claire and Virginia much happiness in their new home.

NO RENT INCREASE -- 16th Consecutive Year! New Horizons is pleased to announce that the board of trustees, at its recent October meeting, voted to waive the 2012 cost of living adjustment to the basic monthly service fee for all existing residents. Our community is truly unprecedented in this regard, as retirement communities typically increase their service fees annually. As a not-for-profit facility, New Horizons is pleased it can maintain these rates, without annual increases, with the ongoing support of Cummings Foundation.

VERY GLAD YOU ASKED...

✿ We recently received a request to see the menu three or four days in advance. For those who do not already know, or residents new to New Horizons, the weekly menu is posted in a frame on the wall at the entrances to both Rumford and Baldwin Dining Rooms and is updated on Saturday for the next week (Sunday – Saturday).

✿ Many residents wonder why New Horizons maintains a “no tipping” policy when almost all service industries seem to expect gratuities. Indeed, when dining at a restaurant, a tip of 20% for excellent service is the norm, and a tip for the housekeeping crew who tidies up your hotel room is not unusual. If you would like to recognize New Horizons staff service excellence, you may contribute to the **Staff Holiday Fund**. This fund recognizes all staff with the *exception* of the executive director, associate director, director of community relations, and the executive chef. You will find a contribution form enclosed in this month's mailing. Alternatively, sealed envelopes may simply be left at the Front Desk or with **Paul Kirschbaum** or **Jed Geyerhahn**. All donations are confidential, but will be acknowledged in writing. We have a total of 67 full and part-time staff.



THANKSGIVING UPDATES: All residents planning to join us for New Horizons' delicious Thanksgiving feast are reminded that there is a maximum of four guests per resident, and reservations must be made with the dining room or front desk by **Friday, November 18.** This festive mid-day meal is priced at the standard \$15 per adult guest and \$7.50 for children eight and younger. Similarly, for planning purposes, please let us know if you will be out for Thanksgiving dinner. To allow food service staff the opportunity to spend a portion of the holiday with their families, the day's evening supper will consist of *Gourmet-to-Go* parcels, containing some extra-special goodies.



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ANNUAL TREE LIGHTING: We start the holiday season with our very festive tree lighting. Please join us in the Front Lobby on **Friday, December 2, at 6:30 PM,** this holiday favorite, which will feature musical entertainment by pianist Mark Tavenner and light refreshments.



RESIDENT ANNUAL HOLIDAY OPEN HOUSE: Join us on **Sunday, December 4, at 2:00 PM** for our ho-ho-holiday open house. Family members and friends of all ages are invited join Santa's elves for an afternoon of merry-making, including our famous *Make Your Own Ice Cream Sundae Bar!* Santa will make a special visit, and pose for photos with residents and families. Come share the holiday spirit with friends and family.

ALZHEIMER'S AWARENESS MONTH: Worldwide, an estimated 16 million people live with Alzheimer's disease, five million of them Americans. For every person with Alzheimer's, there is often at least one other person who directly cares for him or her, as well as a host of healthcare workers, advocates, volunteers, and support workers. There is presently no cure for Alzheimer's disease, though ongoing research has dramatically improved care and is showing reason for hope.



***** UPCOMING EVENTS -- SAVE THE DATE *****

November 24		Thanksgiving Day	
December 2	6:30 PM	Holiday Tree Lighting	<i>3rd Floor Living Room</i>
December 4	2:00 PM	Holiday Open House	

Call the SMARTLINE 781-932-1181 for daily menu and activities!