

New Horizons and The Meadows

Community Connection

August 2007



WELCOME: Your new neighbors this month are **Libby Barbakow (420/164)** and **Shirley Nelson (420/359)**, sisters from King of Prussia, PA; **William and Adeline Gau (400/144)** from Hendersonville, NC; **Patricia McNamara (380D)** from Marlborough, MA; **Alfred and Catherine St. John (400/235)** from Schenectady, NY; and **Robert and Estelle Vanslette (370/412)** from Nokomis, FL. Please join us in welcoming these new residents to our community.

DINING ROOM UPDATE: New Horizons is most pleased to welcome Dining Room Manager **Jenna Mondor** to our food service team. Jenna comes to us from Fuller Village, a retirement community in Milton, Massachusetts, where she served as assistant director of culinary services. Additionally, in recognition of her strong performance as shift supervisor, **Barbara Fuller** has been promoted to Assistant Dining Room Manager, with overall responsibility for the Broadmeadow Dining Room. Joined by Assistant Dining Room Manager **Jen Lee**, **Jenna** and **Barbara** look forward to providing a pleasant dining room experience for all residents.

COUNTRY FAIR COUNTDOWN: **New Horizons' 13th Annual Country Fair** is scheduled for **Sunday, September 9, from noon to 5:00 PM.** We strongly encourage you to reserve your complimentary



tickets for New Horizons and *Meadows* residents (which include food and activities) and guest tickets **by August 31** at Town Center station or on the sign up sheets located in the mailrooms of 370 and 420 Hemenway. Through that date, discounted guest tickets are available at \$10 per adult and \$5 per child under 12. *NOTE: All guest tickets are non-refundable; tickets purchased after August 31 are \$15.*

Offering a menu of delicious BBQ fare, including watermelon, ice cream, cotton candy, and more, we've got it all at the New Horizons Country Fair! In addition, you'll be treated to live music and entertainment, while the children will be entertained with games, face painting, and more! This is a special day you won't want to miss! We expect more than 800 people to attend this year's fair! As seating at the outside dining tables will be reserved for New Horizons assisted living residents, we encourage all family members, friends, and *Meadows* residents attending to bring their own lawn chairs for picnicking and family gatherings in "The Grove" located along 420 Hemenway Drive.

ART AFFAIR: Premiering at the Country Fair and continuing throughout the week, New Horizons and *The Meadows* will present an art exhibition showcasing the talents of the many accomplished artists in our community. All residents desiring to share artwork are encouraged to add their names to the list at the Town Center station. Sculptures, paintings, needlework, and other media are welcome. **Lynn Marie Lange**, Renaissance assistant, will gladly assist with display ideas and pickup arrangements.



THIS IS REALLY HOME: We are pleased to welcome back **Elizabeth de Lucia** from her voyage on the QE II. A *Meadows* resident and volunteer pianist at New Horizons, Elizabeth states, ". . . there's no place like home and 370 was a welcome sight. This is now MY HOME and you all are part of my family." Please join Elizabeth every **Tuesday at 3:00 PM** in Town Center for a community sing-along.

CURIO CASE: The curio case in the main lobby currently features resident and employee *fun-in-the-sun* memorabilia. To recognize the start of the school year, our next display will spotlight *teachers*. If you were a teacher, we welcome your photo. If you have any items reminiscent of your classroom days that you would like to exhibit, or any “educational” collections that may be of interest to others, please contact the Front Desk at #0 by August 31.

SURVEY 2007 – PART II: Thank you to all residents and family members who took the time to complete the New Horizons Satisfaction Survey. This annual survey is an important opportunity to offer candid feedback on the quality of services at New Horizons. One area of significant concern this year is the “al dente” texture of cooked vegetables. Your feedback has been brought to the attention of our Executive Chefs. Care is being taken to ensure that vegetables will not be too hard, too soft, or ever mushy (with the exception, perhaps, of butternut squash).



MENU SUGGESTIONS: New Horizons strives to provide a top-notch dining experience every day, and we thank all residents for the many menu suggestions received throughout the year. The next scheduled Food Service Committee meetings are:

370 Breakfast Nook	August 21 at 2:00 PM
400 Concord Dining Room	August 21 at 3:00 PM
420 Broadmeadow Dining Room	August 22 at 2:00 PM



Committee suggestions will be carefully considered for inclusion, either as chef’s specials or as standard items in the upcoming Fall/Winter menu, which is scheduled to begin **October 1**. Bon appétit! Jenna and Moira will contact the committee members to confirm the meeting location and provide an advance copy of the menu.

MEDICAL APPOINTMENTS: New Horizons is very excited to put our new bus into service. As a reminder, the New Horizons Transit Authority provides transportation to medical appointments **every Tuesday and Thursday**. This service is open to New Horizons residents and to *Meadows* residents who are enrolled in the transportation program. Departing from the New Horizons lobby, the bus travels to Marlborough, Hudson, Sudbury, Framingham, Southborough, Northborough, and Concord. (*Please note: Transportation to Concord is limited to Thursdays only, between noon and 4:00 PM.*) To reserve a seat:



- Call the Front Desk at #0, and provide the date, time, location, contact information, and expected duration of your appointment.
- Appointments must be scheduled between **8:00 AM and 10:30 AM on Tuesdays** and **8:00 AM and 2:00 PM on Thursdays** to accommodate both departure and pick-up times.
- All reservations should be made **by 4:00 PM on Monday** for *Tuesday* appointments and **4:00 PM on Wednesday** for *Thursday* appointments.
- Residents will be contacted individually to confirm scheduled departure times.

Residents are requested to be in the main lobby of New Horizons 10 minutes prior to departure. Please keep in mind that the bus takes residents to a variety of destinations. For this reason, the bus must leave *on time* and will occasionally drop off residents earlier than their scheduled appointment. As appointments conclude, the bus will shuttle back to pick up residents returning to New Horizons.

IT’S EASY TO BE GREEN: Abitibi Consolidated, our paper recycling company, reports that we have recycled lots and lots of paper since the program was introduced at New Horizons! Resident **Clyde Johnson** informs us that, according to statistics recently published in the *Action Unlimited* “Do You Know?” topic, our community efforts have conserved:



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|---------------------------------------|-------------------------------|
| • 473 trees | • 195,090 gallons of water |
| • 83.61 cubic yards of landfill space | • 111,480 kilowatts of energy |
| | • 10,590 gallons of oil |

WOW! We congratulate all recyclers on campus for their impact, and encourage everyone to “think green” and place junk mail, magazines and newspapers in the Abitibi receptacles.