



## January 2018

### Local News

Redevelopment of the former W.R. Grace property on Washington Street in Woburn is currently underway. Planned additions to the site include a [253-room Hilton hotel](#) and a restaurant, [110 Grille](#). The restaurant is expected to open this summer.

### The People You Need to Know...at Cummings

**Sarah Coelho-Rivera**, graphic designer

***I started at Cummings:*** In May of 2012.

***What I do in five words:*** Design signs that get noticed.

***I can help clients:*** Manage the important process of creating cluster and channel letter signs.

***I had a great time:*** Working on marketing and branding for Elliott Landing, Cummings' new luxury condominium community in Beverly.

***Fun fact about me:*** I never have cake on my birthday. Instead, I celebrate with a cornucopia of chips and dip.



### Quick Links

[Client Directory](#)

[Cummings Properties](#)

[Service Call Request](#)

[Executive Office Suites](#)



### Submit Your News

To be included in the next edition, please email [group@cummings.com](mailto:group@cummings.com) by January 20.

### New Clients / Clients on the move

*(Excludes Cummings Center and TradeCenter 128)*

#### [Biocytogen](#)

50-C Audubon Road, Wakefield

*Life sciences firm focused on gene-targeting technology*

#### [EBTH.com](#)

10-E Roessler Road, Woburn

*Online estate sale marketplace*

*Relocated from West Cummings Park*

#### [Inkbit](#)

200 Boston Avenue, S-1875, Medford

**JV Fitness**

50-K Audubon Road, Wakefield  
*Fitness and personal training studio*

**Lawrence Med Lab**

395 West Cummings Park, Woburn  
*Urinalysis services provider*

**LayerBio**

196 Boston Avenue, S-100, Medford  
*Life sciences firm focused on drug-delivery technology*

**Novogradac & Company**

40 Shattuck Road, S-310, Andover  
*Public accounting and consulting services*

**Client News**



[Boston Business Journal](#) recently reported that [ClearMotion](#) is currently working on a new kind of automobile-suspension system, which will replace traditional shock absorbers. To read more about its technology, click [here](#).



[Restore Meditation](#), a dedicated meditation studio, is now open in West Cummings Park. According to its manager, local health and wellness expert [Eleana Conway](#), scientific studies show that practicing 20 minutes of mindfulness each day can change the brain in a positive way, reducing stress and improving health. The studio offers a variety of meditation classes, as well as *a-la-carte* options for businesses.



[Silk Therapeutics](#) was recently featured in [Fast Company](#) for its liquid silk product, which can take the place of synthetic ingredients currently found in skincare products, deodorants, shampoos, and other goods. Additionally, [Boston Business Journal](#) reports that the company has doubled its employees in just three months and acquired more space in preparation for new product launches and a foray into apparel.



According to a recent [Boston Business Journal](#) article, [Vionx Energy](#), a large-scale energy storage company, has raised nearly \$85 million in debt and equity investment funding.



### [Pumps Real Fitness for Women](#)

206 West Cummings Park, Woburn

#### [New Year Jumpstart Membership Special:](#)

Enroll with no fee, enjoy six months at a rate of \$19.99 per month, and receive a \$50 training voucher and 5 percent off all personal training packages. For more information, check out [pumpsfit.com](http://pumpsfit.com) or call 781-932-4123.



### [JV Fitness](#)

50 Audubon Road, Wakefield

#### **One-week free trial:**

Offers including free meal plans and access to a personal Facebook page to track progress. The studio features boot camps, group training, Bhangra classes, and one-on-one training sessions. To learn more about JV Fitness' pricing and promotions, call 781-205-4885 or email [info@jvfitnessma.com](mailto:info@jvfitnessma.com).



### [EdgeLife Healthcare](#)

54 Cummings Park Drive, Suite 306

#### **Monthly [CPR classes](#) for healthcare professionals:**

Classes begin Tuesday, February 6, from 6:30-9:30 PM at 800 West Cummings Park, Suite 4750. Cost is \$75, and includes all training and testing, CPR keychain facemask, AHA class completion card (valid for 2 years). EdgeLife Healthcare is also available for private CPR/First Aid training for companies. Contact David at 978-621-8435 if interested.

Is there a special you'd like to offer to Cummings clients? Please email details to Lisa VanStry at [lvs@cummings.com](mailto:lvs@cummings.com).

## The Latest at Cummings

### **Good for business, or a passing trend?**

With unemployment at very low levels on the North Shore and throughout Greater Boston, companies are looking for ways to enhance their facilities or even relocate in an effort to recruit and maintain talent. It's important to be knowledgeable about cutting-edge workplace strategies, but it's also critical that organizations distinguish between what's trendy and what's really in their best interests. [A new blog](#) by Cummings' Chief Design Officer Jim Trudeau explains how.

### **Cummings' White Christmas**

A yuletide storm left up to six inches of dense accumulation at many of Cummings' properties. Kudos to the dedicated Snow Team

members who left hearth and home on Christmas to clear the parking areas and walking surfaces in preparation for the week ahead.



## Cummings Buildings Power Charities

**\$100K**  
*for* **100**

**More than 220 nonprofits advance toward \$100,000 awards:** Many local area nonprofits recently received welcome news in their email inboxes: invitations to apply for one of 100 grants of \$100,000 each to be awarded by Cummings Foundation in June 2018. The invitees were selected after a thorough review of a record-breaking 597 Letters of Inquiry submitted for the **\$100K for 100** program. View a complete list of the [560 grant winners](#) since the program began in 2012.

## Friendly Reminders

Cummings Properties' offices will be closed **Monday, February 19** in honor of Presidents' Day, with limited staff on site.

**Winter Parking Regulations** are in effect through March 31. Click [here](#) for parking and towing regulations, and contact your account manager with questions at 781-935-8000.

In accordance with [Massachusetts Smoke-Free Workplace Law](#), smoking is prohibited at all times *anywhere* inside Cummings Properties' garages or buildings. By state law, all those wishing to smoke must do so outdoors **at least 30 feet away** from any building entrance. Click [here](#) for more information about the anti-tobacco legislation.

Eliminate one item from your monthly to-do list by paying rent automatically with an **electronic funds transfer** (EFT). Simply submit a completed [EFT Authorization Form](#) and a voided check to 200 West Cummings Park, Woburn, and automatic debits will begin with your next monthly payment.

## Referral Opportunity

**Earn \$1 for every square foot your referral leases from Cummings Properties.**

[See details here](#), or speak with your account manager to learn more about the referral program, this featured space, or other spaces available within Cummings Properties' portfolio.

JUST RELEASED

**FLEX**

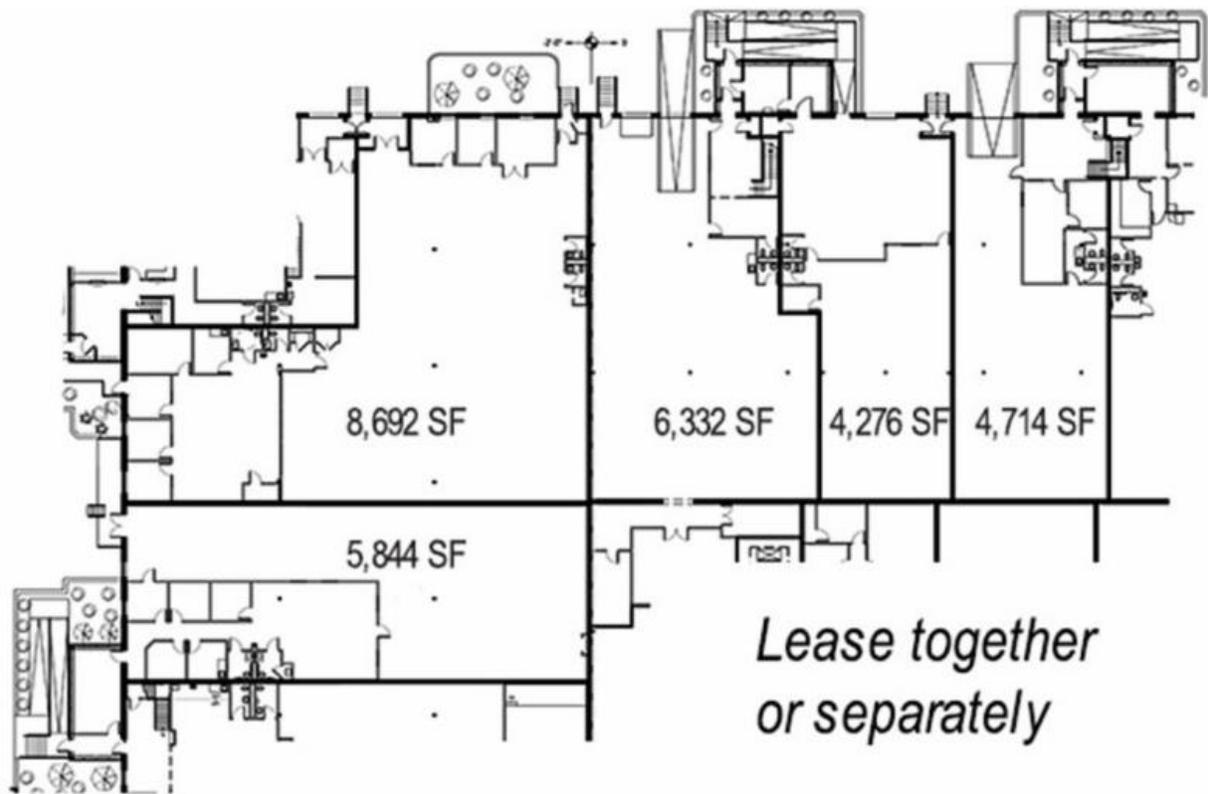
**UP TO 30,000 SF**

**WOBURN**

**WEST CUMMINGS PARK**



## Contiguous Suites



- Dedicated loading
- Suites are easily conjoined
- Private offices and restrooms
- 15 ft. clear height to bottom of bar joist
- Amenity-rich area moments from I-93/I-95



 **Cummins  
Properties**

*For leasing information contact:*

Ed Silvey - Leasing Manager

781-932-7039

[eas@cummings.com](mailto:eas@cummings.com)

Visit [CummingsProperties.com](http://CummingsProperties.com) to view more available spaces

If you no longer wish to receive our emails you may [unsubscribe](#). Unfortunately, if you unsubscribe, you will not receive important building notices such as water and electric shutdowns, or fire alarm testing.