



Free E-Waste Collection



Free Electronic Waste Collection Events

Recycle your old computers, printers, routers, phones, and more. See [this flyer](#) for dates, times, locations, and a full list of acceptable drop-off items.

Sponsored by [Cummins Properties](#) and [Circuitry Recycling](#).

Seen Around Campus



W.B. Mason account executive **Paul Dickey** (left) poses with Cummins associate account manager **Grayson Barlow** at the W.B. Mason Valentine's Day "Whatta Bargain" sale.

W.B. Mason, 272 West Cummings Park, Woburn, provides new and used workplace products to businesses across the U.S. To take advantage of a one-stop shopping experience that offers great value and personalized service, visit wbmason.com.

Welcome New Clients

Not including Beverly and TradeCenter 128

Emergency Response Training

Training center offering CPR, first aid, and other specialized courses for medical professionals, lay individuals, and instructors
165-M New Boston Street, Suite 240, Woburn

Equilibrium Massage

Licensed massage therapist offering Swedish, deep tissue, sports, prenatal, and hot stone massage services
100-G Tower Office Park, Woburn

Inovenso

Electrospinning device and accessory manufacturer
25-K Olympia Avenue, Suite 700, Woburn

MG Power of Healing

Hypnotherapy services provider
10 Tower Office Park, Suite 402, Woburn

Moura Carpentry

Residential and commercial construction firm
155-U New Boston Street, Suite 175, Woburn

Health Advisory

The **Massachusetts Department of Public Health** offers several precautions people can take to help prevent the spread of respiratory diseases like the flu and COVID-19:

- Wash your hands often with soap and warm water, or use an alcohol-based gel.
- Avoid touching your eyes, nose, and mouth.
- Clean things that are frequently touched (like doorknobs and countertops) with household cleaning spray or wipes.
- Cover your mouth when you cough or sneeze. Use a tissue or your inner elbow, not

- your hands.
- Stay home if you are sick and avoid contact with others.
- Get a flu shot, not because it will prevent the spread of COVID-19, but so that you stay healthy and out of the hospital.

More information is available at the Massachusetts Department of Public Health website.

Client News



Bright Horizons Family Solutions and **Bank of America** both earned spots on *Fortune's* 2020 list of the "100 Best Companies to Work For." Congratulations to these two esteemed employers.



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Trust Advisory Group is proud to announce the creation of TAG 2.0, an innovative approach to managing the future of your financial planning firm. Let TAG show you how you can monetize the value of your practice, choose and mentor your own successor, and protect your largest asset as you prepare for retirement. Learn more about TAG's programs [online](#), or call 781-385-5715 for a free consultation to secure your financial future.

Cummings Buildings Power Charities



Many client firms have come to recognize the motto "Cummings buildings power charities," and appreciate that their rent dollars are supporting community organizations. Cummings Foundation deputy director Joyce Vyrjotes recently appeared on a local news program to discuss the momentous good that you, as Cummings leasing clients, help make possible. [Watch the full interview](#) to learn more.

Upcoming Events



Strega Prime Participates in Dine Out Boston

March 1-6 and March 8-13

400 TradeCenter, Suite 1900, Woburn

Prix fixe menus: \$20/person for lunch; \$38/person for dinner

Prices exclude beverages, tax, and gratuity.

Reserve your table [online](#).



Chronic Pain Clinic

Wednesday, March 4, 5:30 PM

500 West Cummings Park, Suite 2100, Woburn

Sponsored by [Fitzgerald Physical Therapy Associates](#)

Learn how to address chronic pain with state-of-the-art equipment and treatments, including the Alter G Antigravity Treadmill, dry needling, and NormaTech recovery boots.

RSVP to info@fitzgeraldpt.com or by phone at 781-305-4656.



Back to the 80s

Friday, March 27, 7:00 PM

Woburn/Stoneham Lodge of Elks

295 Washington Street, Woburn

Sponsored by [Tanner Ta Ta Foundation](#)

[Purchase tickets online.](#)



Voices of Hope Benefit Dinner

Saturday, April 4, 6:00 PM

Crowne Plaza Boston - Woburn

15 Middlesex Canal Park Rd, Woburn

Hosted by [Amirah](#), and honoring Homeland Security victim assistance specialist Peter DiMarzio

Learn more and reserve tickets [online](#).

The Latest at Cummings



Senior Leasing Director Rob Yacobian of Cummings Properties, center, was among the experts to expound on the migration of life science firms to the suburbs at *New England Real Estate Journal's* Life Science and Healthcare Summit. Cummings is delighted to have thriving biotech clusters in Woburn, Medford, and Beverly. [Read more](#) about location-related trends for the biotech sector.



Cummings Properties chairman and CEO Dennis Clarke recently gave *Boston Business Journal* the scoop on what matters most to the Cummings organization: serving its client firms and supporting the local community. "How do we make it easy for businesses of all types to work with us? We take care of their real estate needs so they can focus on other things. If we can be really good at doing that, real estate is an important support to a lot of businesses." [Read more](#).

Special Offer



Commitment-free memberships for Cummings client firms

[Bodyworks Fitness Center for Women & Vital Core](#)
206 West Cummings Park, Woburn

Platinum level: unlimited access to Bodyworks and sister studio Vital Core for \$59.99/month.

Gold level: unlimited access to entire gym and all classes for \$39.99/month.

For additional information, call 781-932-4123.

Cummings in the News

[Harmonic Drive moves to Dunham Ridge, Beverly](#)
The Salem News, February 3

[iCorps Technologies moves corporate headquarters to TradeCenter 128](#)
New England Real Estate Journal, February 7

[Cummings Properties celebrates 50 years of building communities](#)
Woburn Advocate, February 11

[Woburn mayor seeks to advance plans for Cedar Street slip-ramp onto I-93](#)
Daily Times Chronicle, February 19

Friendly Reminders

Daylight Saving Time starts Sunday, March 8. Remember to set the clocks *ahead* one hour before going to bed on **Saturday, March 7.**

Winter Parking Regulations are in effect **through March 31.** Click [here](#) for parking and towing regulations, or contact your account manager with questions.



We want to hear from you! Do you have news or a great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, and photos to Lisa VanStry at lvs@cummings.com.

Interested in relocating to Andover?

As a client of Cummings Properties, your lease commitment is fully transferable

to our other locations, and we are now leasing at 40 Shattuck Road in Andover. This first-class office/R&D building is situated within a thriving business district just off I-93 at exit 45. 40 Shattuck offers upscale contemporary finishes, flexible floor plans, and new amenities including a market café and fitness room. Ask your account manager about this property or other options within our portfolio.



2,050 – 28,000 SF A rare opportunity to lease a premium office suite in highly sought-after location

- Build-to-suit, second- and third-floor suites
- Lease one or combine multiple suites
- Abundant natural light
- Moments from I-93 and I-495
- Upscale contemporary finishes
- Thriving River Road business district
- New on-site amenities include micromart and fitness room



40 Shattuck Road Floor Plan

[Client Directory](#)

cummings.com

[Service Call Request](#)

[Executive Office Suites](#)



If you no longer wish to receive our emails, you may unsubscribe below.
Unfortunately, if you unsubscribe, you will not receive important building notices such as
water and electric shutdowns or fire alarm testing.