



Cummings Properties

NEWSbrief

November 2017

Seen Around Campus

Quick Links



There's a new banner at Cummings Properties' Boston Avenue location in Medford. The design comes from [Artists for Humanity](#) (AFH) in Boston, a nonprofit that was awarded a [\\$100K for 100](#) grant from Cummings Foundation in June. AFH works to break the cycle of economic and educational disenfranchisement for

low-income Boston teens through opportunities for paid employment in art and design.

Client Directory

Cummings Properties

Service Call Request

Executive Office Suites



Submit Your News

To be included in the next edition, please email group@cummings.com by November 20.

Want to be "Seen Around Campus"? Email your photos to [Lisa VanStry](#) for inclusion in future NEWSbriefs.



Party on the dojo! Bay State Martial Arts hosted a Halloween party for students last week.

New Clients / Clients on the move

(Excludes Cummings Center and TradeCenter 128)

[Body Waxing by Kelly](#)

165-M New Boston Street, S-239, Woburn
Body waxing services

[Clean Membranes](#)

400 West Cummings Park, Suite 1625, Woburn
Water treatment equipment company

[East Middlesex ARC](#)

30-A and 60-A Audubon Road, Wakefield
Support services for people with developmental disabilities and their families

[Emerald Therapeutic Massage](#)

10 Tower Office Park, Suite 513, Woburn
Massage therapy services

[Highest Praise International](#)

351 West Cummings Park, Woburn
Evangelical church

[Neosync](#)

800 West Cummings Park, Suite 2650, Woburn
Personalized therapy for depressive disorders and other nervous system diseases

Nicole M. Robinson, LICSW

21 Cummings Park, Suite 224, Woburn
Child behavioral therapist

[Solutions for Living](#)

92 Montvale Avenue, Suite 2950, Stoneham
Counseling and conflict resolution services
(Relocated from 200 Boston Avenue, Medford)

[Vediem](#)

38 Montvale Avenue, Suite G20, Stoneham
Staffing agency for veterinary technicians and veterinary assistants

Special Event



[Social Capital's 15th Anniversary Celebration](#)

Thursday, November 16, 6:30 PM

Montvale Plaza, 54 Montvale Avenue, Woburn

Join SCI leaders, Woburn Mayor Scott Galvin, State Rep. Jim Dwyer, and others for a three-course meal and speaking program in support of SCI's mission.

[Sponsor the event](#), [purchase tickets](#), or [advertise in the program book](#). Contact Lisa Leger at lleger@socialcapitalinc.org for additional information.

Local News

Real estate market overview: As businesses continue to migrate to East Cambridge and Boston's Seaport, it can sometimes feel like the suburbs are being left out. In reality, however, suburban (Route 128) growth is strong, especially in amenity-rich business parks and in the life science sector.

In Cambridge, declining vacancies are putting upward pressure on rents, which are now starting in the mid-\$80s NNN. These high rates are encouraging firms to seek more cost-effective options along Route 128. Life science giant MilliporeSigma, for example, recently opened a new 280,000-square-foot Life Science Center in Burlington, bringing customers, scientists, and researchers to the Route 128 Corridor. While not a Cummings Properties client, MilliporeSigma brings 1,000 employees to our area, creating much opportunity for the businesses already located here.

Special Offers

Frequent Diner Program at [Corner Office Gourmet](#)

600 West Cummings Park, Suite 1950, Woburn

After 10 validated purchases, the 11th visit is complimentary.

Grab-and-go lunch and gourmet catering, including daily specials

Order [online](#) or call 781-281-2662.

[20 Percent Discount on Next Purchase at Fat Cat Books](#)

400 West Cummings Park, Suite 1450, Woburn

Open Monday - Wednesday, 10 AM - 4 PM

Visit the store, shop [online](#), or call 617-983-0798.

[20 Percent Discount on CoolSculpting at Mystic Valley Dermatology Associates](#)

92 Montvale Avenue, Suite 3000, Stoneham

Call 781-438-6350 to make an appointment.

10 Percent Discount on First Catering Order from [Olympia Grille](#)

25-A Olympia Avenue, Woburn

Breakfast, lunch, dinner, and catering options are available.

Call 781-933-9933 or fax 933-7733.

For the complete menu, click [here](#).

Cummings Buildings Power Charities

Once again, Cummings Foundation received a record number of Letters of Inquiry for its [\\$100K for 100](#) grant program. A total of **597 local nonprofits** - nearly 50 more than last year - submitted requests to be considered for 100 grants of \$100,000 each to be awarded next June. This significant grant program would not be possible without the more than 2,000 leasing clients who choose to locate their businesses within the Cummings portfolio. Thank you for your support.



Client News



Dr. Anthony Cardone of [Cardone Family Dental](#) now uses the latest in technology, [Solea Dental Laser](#). Dr. Cardone notes that, with Solea's unique wavelength and computer controls, dentists can reliably perform anesthesia-free procedures without pain or sutures. To learn more about this technology, or to schedule an appointment, call 781-932-9320 or email info@drcardone.com.



[Firestone Chiropractic & Wellness](#) is now a participating insurance provider for Neighborhood Health Plan. To learn more about Firestone and its services, click [here](#) or call 781-281-1086.



Professional acrobat [Raymond Butler](#) joined [Gymja Warrior](#) as master sensei. Butler appeared on *American Ninja Warrior* (Season 6) and on NBC's *TODAY Show*, when he became the world record holder for the longest backflip into a pair of trousers - for the second time.

[Mystic Valley Dermatology Associates](#)



esthetician, Pamela Interrante, has introduced a new rejuvenating treatment, [Rezenorate](#), which reportedly helps build up natural collagen and combat wrinkles. It uses nanotechnology and Factor5 growth factor serum to target blemishes, uneven skin tones, fine lines, and wrinkles. To learn more, click [here](#), or call 781-285-1754 to schedule a free consultation.



[iX Cameras](#) maker of high-speed (slow motion) imaging, has added a new value-priced camera to the premium ultra-high-speed i-SPEED 7 Series line. The new i-SPEED 713 is designed for a wide range of applications, including drop testing and airbag testing. For more information, visit the [website](#).

The Latest at Cummings

Until recently, Bill Cummings (center, standing) had cycled to every town where we manage buildings, with the exception of the newest one, Andover. That changed on Sunday, October 15, as he and a few colleagues made the 34-mile roundtrip ride from our Woburn headquarters to 40 Shattuck Road and back.



Referral Opportunity

Earn \$1 for every square foot your referral leases from Cummings Properties.

[See details here](#), or speak with your account manager to learn more about the referral

program, this featured space, or other spaces available within Cummings Properties' portfolio.

12 Gill Street | Woburn
11,300 SF
New-to-Market in Life Science Hub



[View Floor Plan](#)

- Existing lab infrastructure with build-to-suit flexibility
- Panoramic window line
- Large open lab and office areas

Friendly Reminders

Winter Parking Regulations go into effect **November 15**. Click [here](#) for parking and towing regulations, and contact your account manager with questions at 781-935-8000.

Happy Thanksgiving! Cummings Properties' offices will be closed **Thursday, November 23** in honor of **Thanksgiving**, with no staff on site. Limited staff will be on site on **Friday, November 24**.

Visit CummingsProperties.com and look around! View the comprehensive [Client Directory](#). Similar to the Yellow Pages, this directory is a treasure trove of hundreds of local companies, almost all of which are fellow client firms in the many Cummings Properties buildings in the area. Firms are encouraged to check their own listings to ensure the information is accurate and the company is appropriately classified. There is no charge for these listings, and a second free listing under a different classification can be readily provided as well. Email your information to group@cummings.com.

Smoking Law Reminder: In accordance with [Massachusetts Smoke-Free Workplace Law](#), smoking is prohibited at all times *anywhere* inside Cummings Properties' garages or buildings. By state law, all those wishing to smoke must do so outdoors and **at least 30**

feet away from any building entrance. This law also applies to the use of e-cigarettes, which are considered "nicotine delivery products" and are comparable to tobacco cigarettes. In addition, client firms with after-hours staff should remind employees that building entrance doors should *not* be propped open at any time, including for employees leaving the building for a "smoke break." Click [here](#) for more information about the anti-tobacco legislation. For additional resources on e-cigarettes, visit [U.S. Department of Health & Human Services](#).

If you no longer wish to receive our emails you may [unsubscribe](#). Unfortunately, if you unsubscribe, you will not receive important building notices such as water and electric shutdowns, or fire alarm testing.