



## Cummings North Shore News

CUMMINGS CENTER / DUNHAM RIDGE

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September 3, 2019

### New Neighbor Profiles

We are delighted to welcome the following new clients to the Cummings Center community.



**[Big Shot Logos & Embroidery](#)**, 100 Cummings Center, Suite 212-E, has been providing custom embroidery, silkscreen, and promotional products for 16 years. It offers more than 50,000 in-house designs and can digitize a unique logo to fit clothing, hats, and more. All work is performed in house, and customers are provided a sample

before jobs are started. For more information, visit the [website](#) or call 978-815-6989.



**[Safety Academy USA](#)**, 100 Cummings Center, Suite 212-E, provides a variety of training, including self-defense, firearms, non-

lethal defense, first aid, CPR, and AED. Its instructors have more than 21 years of law enforcement and civilian training experience. For more information, visit the [website](#) or call 978-983-3337.

### Quick Links

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#### Submit Your News

To be included in a future edition, please email [newsbrief@cummings.com](mailto:newsbrief@cummings.com).

### Noteworthy News



**North Shore Wave Shuttle** has been up and running for approximately three months. The free shuttle from Beverly Depot, which seats up to 30 passengers, runs four times during the peak morning and evening commutes. To view the schedule, download the shuttle tracker, or find more information, visit the [website](#).

## Upcoming Events



**WholeMade Kitchen**, 100 Cummings Center, Suite 321-C is launching the WholeMade Reboot program in Beverly on **Monday, September 9 and Tuesday, September 10**. This program is six weeks long and designed to help reset one's metabolism using an elimination diet. Weekly sessions will be held in person or by webinar and will help participants to identify the causes of inflammation, leaky gut syndrome, and sugar addiction. Helen Allard, founder of WholeMade, is offering a 10 percent discount off meals (for participants only) ordered during the Reboot. For more information, visit the [website](#) or call 978-578-7550.

**Circuitry Recycling**, 100 Cummings Center, Suite 246-E, will host an electronics recycling event **Wednesday, September 25 from 10:00 AM to noon** at 100 Cummings Center's **164-K loading dock**. NOTE: In order to better serve all clients, we relocated this event from the 144 loading dock, where it has often been held previously. To ensure safety, please deliver items for recycling directly to personnel managing the event; do not leave them on the loading dock. Click [here](#) for a complete list of recyclable items. For additional information, contact Michael Eduardo at 978-969-1472.



## Friendly Reminder





**Mulch IS Flammable!** It is essential that all cigarettes be fully extinguished and disposed of properly. Never toss cigarette butts into landscaped areas, as bark mulch is flammable. Improperly disposed cigarettes are a frequent source of landscape fires, which can quickly spread to buildings and vehicles, causing needless damage. Thank you for your cooperation, and please pass the word along to colleagues and friends.

## Business Spotlight



**CaberLink  
Technologies**

[CaberLink Technologies](#), 100 Cummings Center, Suite 127-A, has been a member of the Cummings Center community since 2015. The firm provides a variety of full-managed and co-managed IT services, including management, consulting, IT support, monitoring and maintenance, disaster recovery, server projects, VOIP, and more. For additional information, visit the [website](#) or call 978-969-2838. Be sure to visit Cummings' online client [directory](#) for information on all IT networking vendors within the portfolio.

If you no longer wish to receive our emails, you may [unsubscribe](#). Unfortunately, if you unsubscribe, you **will not** receive important building notices, such as water and electric shutdowns or fire alarm testing.