



October 2025

This monthly newsletter is prepared primarily for and about Cummings Properties' leasing clients at TradeCenter 128 in Woburn. Please share with your colleagues, who can [sign up here](#) to enjoy the latest client news, events, special offers, and more.

Seen Around Campus

Mid-September sun, fun, and yum made for an excellent campus block party. Many thanks to all who joined us for this festive occasion, with special thanks to cornhole tournament sponsor **Astound Broadband** and catering all-stars **Apple Spice**, **Teresa's Ristorante**, and **Tiranga Woburn**.



Above, from left: **Patricia Walsh** and **Russell Zwicker**, of **Astound Broadband**, oversaw the day's friendly games; cornhole duo **Nick Calderone** and **Mike DeCarr**, of **Zoom Technical**, took home a tasty second prize. See more fun photos [via LinkedIn](#).

Welcome, New Neighbor

Legal Concierge

Litigation consultant

400 TradeCenter, Suite 2900

Noteworthy News



High Function Fitness has introduced a new **Open Gym** membership option. Ideal for folks looking to work out how and when they want, the Open Gym plan provides members with the equipment and facilities to fuel their fitness regimen—plus access to personal training and group classes—right here at TradeCenter 128.

Availability is limited, and interested neighbors are encouraged to act quickly. Please contact **Jeremy** at info@highfunctionfit.com or 617-431-0077 to learn more.



Sono Bello president and CEO **Tom Barr** shared his unconventional journey from banker to captain of the nation's largest cosmetic surgery provider in [this engaging profile piece](#) featured in *CEO Magazine*.

Did You Know?



Standard janitorial services are provided in office areas (only) at 300 and 400 TradeCenter, at no charge, after business hours Monday through Friday (excluding holidays).

The following janitorial services are performed daily:

- cleaning glass entries, doors, and sidelights
- dusting all readily accessible horizontal surfaces
- removing normal office trash and emptying wastebaskets
- replacing light bulbs and liners for wastebaskets, as needed
- replenishing paper and soap products in the restrooms, as needed
- recycling all paper materials from blue desk-side recycling containers (only)
- cleaning restrooms, including fixtures and mirrors, and damp mopping floors

Additionally, uncarpeted (VCT) floors are cleaned and mopped, and carpeted floors vacuumed, twice a week. Spot cleaning for stained carpet areas is performed as needed during those twice weekly floor cleaning sessions.

Your account manager can provide you with contact information for your firm's designated cleaning company should you wish to discuss your janitorial service or make special arrangements. You may also contract directly with the cleaning company for additional services at your firm's expense.

All Profits to Nonprofits

Cummings \$30 MILLION GRANT PROGRAM

2026 Grant Cycle Underway:

Local nonprofits turned their fundraising efforts to the web, filing a record 959 proposals for the Cummings \$30 Million Grant Program. The applicants—which continue to represent a wide variety of causes,

including education, food insecurity, elder care, and healthcare—submitted requests to be considered for 150 grants, totaling \$30 million, to be awarded next June. The Foundation's team of volunteer reviewers is now evaluating the proposals to determine which will be invited to submit full applications. A complete list of past grant recipients is available [online](#).

Thank you for your tenancy, which is so enormously helpful in making this kind of philanthropy possible.



Joyce and Bill Cummings will be honored this month among *Northshore Magazine's* "Top Influencers," an annual celebration of the region's most impactful changemakers across industries. View a list of the 2025 honorees [online](#), and learn about Cummings' unique All Profits to Nonprofits model via [this well-penned profile piece](#).

Special Offer



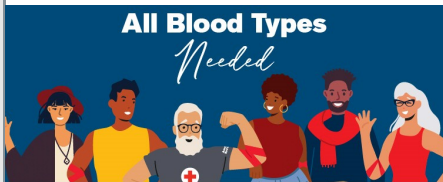
GRASSHOPPER
Chiropractic

\$49 Intro to Softwave Therapy
Grasshopper Chiropractic

800 West Cummings Park, Suite 4950, Woburn

Grasshopper Chiropractic invites members of the Cummings leasing community to alleviate joint pain and inflammation with its non-invasive "softwave" pain relief therapy. To take advantage of this special introductory package, call 781-281-2733 or [book your appointment online](#).

Give Back in Woburn



LGA Blood Drive

Community Blood Drive

LGA and American Red Cross

Tuesday, October 21, 10:00 AM-3:00 PM

*500 West Cummings Park, Suite 2350,
Woburn*

One donation can save up to three lives. To reserve your spot, visit RedCrossBlood.org and enter sponsor code **LGA** or call 1-800-RED CROSS (1-800-733-2767).



SCI Leaf Raking for Seniors

SCI Social Capital Inc.

**Saturday, November 15, 9:00 AM
or 12:00 PM**

*Woburn Senior Center, 144 School
Street, Woburn*

Give back this season through **SCI's** annual leaf raking event, a helpful activity that benefits Woburn seniors and creates fun for the whole family. Learn more and register [online](#).

Local organizations are also invited to participate in feel-good team building through **SCI's** corporate volunteer day, **Friday, November 14**. Start times are available between **9:30 AM and 1:00 PM**. Please email **David Crowley** at DCrowley@socialcapitalinc.org for additional details.

Business Resources

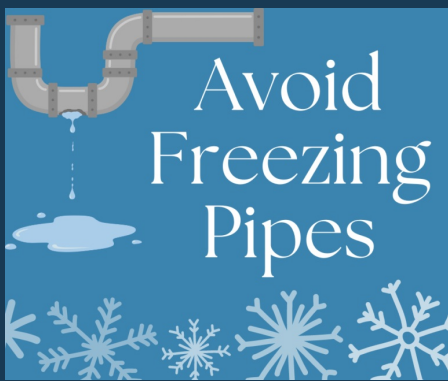


Law Change: New legislation requiring that Massachusetts employers disclose a salary range when positing a job will take effect **Wednesday, October 29**. Get the details [via Boston.com](https://www.boston.com).

Friendly Reminders

Fall Back: Daylight Saving Time ends **Sunday, November 2**. Remember to set the clocks *back* one hour before going to bed on **Saturday, November 1**.

Holiday Note: Cummings' offices and maintenance departments will have limited staff on site on **Monday, October 13** in honor of Columbus/Indigenous Peoples' Day.



Avoid Property Damage from Frozen Pipes: As winter sets in, we remind all resident firms to help protect the premises and its plumbing by keeping their suites set to **at least 60° Fahrenheit at all times**. Prolonged exposure to the cold can cause pipes to freeze and rupture, yielding substantial water damage. Please keep the heat running, especially during nights and weekends when the space is unoccupied, and take care that all windows and doors are completely closed and latched shut at the end of each day.

Cummings in the News

*Some of the publications below may require a subscription.

2025 Women in CRE: Stephanie Aitchison, Cummings Properties
New England Real Estate Journal - September 26, 2025

Joyce and Bill Cummings Honored as Top Influencers
Northshore Magazine - September 26, 2025

Early Education Nonprofit Moves from Lexington to Woburn
Boston Real Estate Times - September 18, 2025

Bay State Charities Need Corporate Philanthropy More Than Ever
Boston Business Journal - September 12, 2025

Largest Corporate Charitable Contributors in Massachusetts
Boston Business Journal - September 10, 2025

21 Local Youths Gain Hands-On Experience at Cummings
Winchester News - August 26, 2025

Conquer Ninja Gym Opens First Mass. Location in Woburn
Winchester News - August 21, 2025



We want to hear from you! Do you have news or a great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, photos, and more to **Lisa** at lvs@cummings.com.
Submissions may be edited for length and style.

Earn Cash for Client Referrals

Know someone looking for space? You could earn \$1,000 or more for referring a new client to Cummings Properties. Within our portfolio, which spans 11 cities and towns north of Boston, we have a space for every need. Contact your account manager or [view this flyer](#) to learn more.

Earn \$1 per square foot for a successful lease with Cummings, with a minimum referral bonus of \$1,000!

Top-floor Corner Office Suite

20,000 SF in Woburn



Take advantage of a rare opportunity to occupy a prominent top-floor corner suite at 12 Gill Street, Woburn. Available January 2026, this expansive office spans two building corners for maximum natural light and visibility.

[View Flyer](#)

[View Featured Suites](#)

[Client Directory](#)

[cummings.com](#)

[Service Call
Request](#)

[Executive Office
Suites](#)



If you no longer wish to receive our emails, you may unsubscribe below. Unfortunately, if you unsubscribe, you will not receive important building notices such as water and electric shutdowns or fire alarm testing.

Cummings Properties, LLC | 200 West Cummings Park | Woburn, MA 01801 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!