



The Cummings MetroNorth News, published once a month and distributed by email, is a short newsletter with important announcements and information of general interest to members of the Cummings Center and Dunham Ridge community.

To submit information for inclusion, simply email a three or four sentence description of your promotion, event, or services to newsbrief@cummings.com at least two weeks prior to your desired publication date. Submissions are edited for content and style and are limited to events and promotions directly impacting the Cummings Center or Dunham Ridge community.

To receive the MetroNorth News, send an email to Tina West at tmw@cummings.com with your business name and the names and email addresses of those in your office who would like to be included. We will remove addresses at any time upon request and will never sell or provide the list to others. It will be maintained solely for the purpose of providing a high quality source of current and ongoing information about Cummings Properties.